

Refreshment Rooms

Over 60's Special Menu

0151 644 5893 email: info@refreshmentrooms.com www.refreshmentrooms.com

Smaller portions for the smaller appetite - available all day and night Monday, Tuesday & Wednesday

Main Course £11 2 courses £14.45 3 courses £17.90

STARTERS

Ask for today's freshly prepared Soup (Vgn)(GFA) with warm flatbread

Chilli, Soy & Honey Chicken Goujon with a sprinkle of sesame seeds

Thai Style Salmon & Cod Fishcakes (GF) with sriracha mayo dip

Crispy Hoi Sin Belly Pork Wonton Parcels with rhubarb & chilli jam

Smooth Chicken Liver Paté (GFA) with carrot 'n' apricot chutney & sourdough toast

Homemade Mumbai Style Vegetable 'n' Onion Bhajis (Vgn)(GF) with tangy raita on the side

Posh Fish Fingers RR Style (GF) (£1 supp)

tempura fingers of seabass with a Mediterranean style olive & sundried tomato chunky dip

It is essential that you make your server aware if you require **GLUTEN FREE** and inform them of any further allergies or intolerances when you place your order

MAINS

Honey & Mustard Glazed Home Cooked Ham (served cold)(GF) hand carved with fried free range egg & chunky chips

Chicken Caesar Salad (GFA) chicken breast, gem, cherry tomatoes, anchovies, parmesan dressing, shavings, croutons & new potatoes

Salmon Thermidor (GF) (£1 supp) with cream, mustard, cheese 'n' brandy glaze, new potatoes & sautéed peas 'n' leeks

Sweet Potato Cutlets (Vgn)(GFA) garlic, sesame, pepper, pine nut & chilli duxelle, whipped tahini & paprika fries

Traditional Scouse (GFA) homemade to our secret recipe with freshly pickled red cabbage & crusty bread 'n' butter

Local Bangers 'n' Mash (GF) pork or vegetarian sausages (PLEASE SPECIFY), creamy mash, onion gravy & green vegetables

Beer Battered Ward's Fresh Haddock chunky chips, mushy peas & salt 'n' vinegar sauce

Chef's Spiced Chilli Con Carné (GF) with half 'n' half fries & dirty rice, soured cream and salsa

DESSERTS

Warm Alabama Chocolate Fudge Cake (V)(GF) with Nicholl's vanilla ice cream

Peach Melba and Blood Orange Trifle (V) with fresh whipped cream

Spiced Carrot Cake (Vgn) packed with sultanas & pineapple - topped with vegan orange buttercream & vegan ice cream

White Chocolate & Bueno Set Cheesecake (V) with a swirl of fresh whipped cream

Nicholl's of Parkgate Ice Cream 1 scoop with a chocolate flake (GF)

vanilla, pistachio, chocolate, strawberry, cinder toffee, salted caramel, raspberry ripple (V) vegan vanilla, vegan salted caramel or vegan sorbet (Vgn)

Our Famous Strawberry 'n' Toblerone Pavlova (GF)(V) back by popular demand

English & Continental Cheese Board (V)(GF) (£1 supp)

a selection of locally sourced English cheese with some joie de vivre, celery, grapes, fig chutney & crackers

add a glass of LBV port for £3.00

WiFi network:
REFRESHMENT ROOMS
PASSWORD:
ROOMS2024

SIDES

Skinny Fries (Vgn)(GF)	£4.95	Garlic Flatbread (V)	£4.50
Chunky Chips (Vgn)(GF)	£4.95	Garlic Flatbread & Cheese (V)	£4.95
Salt 'n' Pepper Skinny fries (Vgn)(GF)	£5.95	Chef's Pepper Sauce	£3.50
Chef's Crispy Coated Sweet Potato Fries (V)(GF)	£5.95	Red Wine & Mushroom Sauce (GF)	£3.50
Chilli Cheese Fries (GF)	£5.95	Blue Cheese Sauce (V)(GF)	£3.50
Crispy Duck Hoisin Fries	£6.95	Salt 'n' Vinegar Sauce	£3.50
Onion Rings (Vgn)	£4.95	Plain Chicken Goujons (each)	£3.00
Honey & Mustard Glazed Chipolatas (GF)	£6.95	Halloumi Fries (V)(GF) sriracha mayo	£6.95

(V) = vegetarian (Vgn) = vegan (GF) = gluten free (GFA) = gluten free adaptable
although..... **it is very important** that you make your server aware as some elements may need omitting or replacing
i.e. gluten free bread, gravy etc. N.B. Trace gluten can be found in chunky chips etc. from a shared fryer