

Sunday Food Menu 2023

STARTERS

A Bowl of Fresh Homemade Soup of the Day (Vgn)(GF) with crusty bread 'n' butter	£5.95
Chef's Smooth Chicken Liver Pâté with home grown green tomato chutney & toast soldiers	£6.95
Black Sesame Tempura Asparagus (Vgn)(GF) with a Japanese inspired miso mayo dip	£7.50
Cornish Crab 'n' Crustacean Crumpet with Thai purée and sharp 'n' acidic yuzu fruit gel	£8.50
Gunpowder Bengali Beetroot Croquettes (Vgn)(GF) with pungent Kasundi mustard (hints of mango) & mint chutney	£6.95
Homemade Gnocchi with Pumpkin and Sage Cream Sauce (V)(GF) - topped with blue cheese & roasted hazelnuts	£6.95
Garlic 'shrooms on Flatbread (Vgn) local mushrooms, garlic, plant based cream on warm flatbread	£6.50
Moules Marinières (GF) rope grown in Trondra, Shetland with crusty bread and butter	£8.95
Thai Style Salmon, Cod & Smoked Haddock Fishcakes (GF) with a pineapple 'n' lime dip	£6.50
Chilli, Soy & Honey Chicken Goujons with a sprinkle of sesame seeds	£6.95
Refreshment Rooms Duck Spring Rolls with hoi sin dip	£7.50
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce	£7.95
Korean Red Dragon Belly Pork Squares (GF) with sweet chilli 'slaw	£7.50
Stornoway Black Pud' 'n' Cheese Scone topped with crispy bacon crumb, poached egg & hollandaise sauce	£6.95

MAINS



Sunday Roast Options all served with Yorkshire Pud'

Half Roast Chicken (Off the Bone Breast on request)	£15.95
Pink Beef & Horseradish	£15.95
Belly Pork, Crackling & Apple Chutney	£15.95
Roast Lamb & Mint Sauce	£15.95
Chef's Homemade Vegan Roast	£14.95
Trio of Meats (beef, lamb, belly pork)	£18.95
Smaller portion Sunday Roast (with Yorkshire Pud')	£ 9.95

Local Pork(GF) or Vegetarian Bangers (V) (please specify) with cauliflower & leek colcanon mash 'n' onion gravy	£12.95
Honey & Mustard Glazed Home Cooked Ham (served cold)(GF) with fried free range eggs and chunky chips	£12.95
Homemade Steak 'n' Ale Pie with chunky chips, real gravy, peas & heritage Chantenay carrots	£14.95
Traditional Beef Lasagne with a slice of garlic bread	£14.95
♥ Moules & Frites (GF) rope grown in Trondra, Shetland served with pernod, fennel seed 'n' garlic aoli, crusty bread 'n' butter & fries	£18.95
Smoked Salt 'n' Fennel Seed Basted Celeriac Steak (Vgn)(GF) roasted broccoli wedges, 'erb vinaigrette, hasseback potatoes and plant based salt 'n' vinegar sauce	£14.95
Beer Battered Fresh Fish chunky chips, mushy peas & salt 'n' vinegar sauce	£14.95
Chef's Chilli Con Carné (GF) with salsa and half 'n' half skinny fries and dirty rice	£13.95
Sweet Potato, Broccoli & Peanut Butter Curry(Vgn)(GF) with cashew crumb, steamed rice & flatbread fingers	£13.95
.....(add chicken breast)	£ 2.50
Homemade Vegan Burger (Vgn) pink sauce, gem lettuce, tomatoes, onions & skinny fries	£14.95
Chicken Fillet Burger with lettuce, mayo or Cajun mayo, fries and dressed salad	£14.95
Roast Hake (GF) pea 'n' mint purée, roast garlic and rosemary potatoes, sautéed leeks, heritage Chantenay carrots and a serrano ham & garlic crumb	£17.95
The 'Big Bob' Burger 2x4oz burgers topped with cheese & bacon, fries, chilli beef, chicken goujons & dressed house salad	£19.95
8oz Rump Steak (GF) with chunky chips and a dressed house salad - for sauces see below (only £12.95 Steak Night Monday)	£20.95
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce served with skinny fries and Chef's 'slaw	£17.95
Homemade 4oz Cheeseburger all beef with fries, lettuce, thinly sliced red onion, tomato & pink sauce	double £15.95
Add extra toppings/accompaniments bacon £1.50 - pineapple £1 - chilli £3 - chicken goujons £3.50	single £14.45

Sides

Skinny Fries (Vgn)(GF)	£4.00	Tear 'n' Share Garlic Flatbread (V)	£3.50
Chunky Chips (Vgn)(GF)	£4.00	Tear 'n' Share Garlic Flatbread & Cheese (V)	£4.00
Salt 'n' Pepper Skinny fries (Vgn)(GF)	£5.00	Onion Rings (Vgn)	£4.00
Chef's Crispy Coated Sweet Potato Fries (V)	£5.00	Chef's Pepper Sauce	£3.00
Chilli Fries (GF)	£5.50	Red Wine & Mushroom Sauce	£3.00
Chilli Cheese Fries (GF)	£5.50	House Gravy	£2.00
Skin on Fries (Vgn)(GF)	£4.00	Salt 'n' Vinegar Sauce	£3.00
Crispy Duck Hoisin Fries	£6.00	Plain Chicken Goujons (each)	£2.00

SEE OVER FOR DESSERTS, COFFEES, KID'S MENU etc.

0151 644 5893

email: info@refreshmentrooms.com

www.refreshmentrooms.com