

Food Menu 2024

STARTERS

Sweet Potato & Supergreens Chowder (Vgn) with warm flatbread	£6.50
Roast Fennel, Clementine & Burrata Soft Cheese Salad (V)	£7.95
Chilli, Soy & Honey Chicken Goujons with a sprinkle of sesame seeds	£8.95
Sweet & Sour Cod Cheeks (GF) with pickled Asian vegetables	£8.50
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce	£8.95
Garlic 'n' Limoncello Glazed Belly Pork Squares with a parmesan crumb	£8.50
Chef's Smooth Chicken Liver Pâté with Turkish flatbread and Chef's Cumberland sauce	£7.95
Garlic 'shrooms on Flatbread (Vgn) local mushrooms, garlic, plant based cream on warm flatbread	£7.50
Refreshment Rooms Duck Spring Rolls with hoi sin dip	£8.95
Halloumi Shawarma Skewer (V) - homemade flatbread - tomato & mint salsa - dill yoghurt	£8.50
Chef's Black Pud' 'n' Chorizo Croquettes with bacon jam & peppery Choron (tomato spiked Bearnaise) sauce	£8.95
Moules Marinières (GF) rope grown in Trondra, Shetland with a chunk of warm flatbread	£10.95

MAINS

Traditional Roast Options all served with Yorkshire Pud'

Half Roast Chicken (Off the Bone Breast on request)	£17.95	
Belly Pork, Crackling & Apple Chutney	£17.95	Roasts available (GF) on request
Chef's Vegan Roast (Vgn)	£17.95	
Roast Lamb & Mint Sauce	£19.95	
Pink Beef & Horseradish	£18.95	
Smaller portion of any Sunday Roast from above	£12.95	
Trio of Meats (beef, lamb, belly pork)	£21.95	

Honey & Mustard Glazed Home Cooked Ham (served cold)(GF) hand carved with a fried free range egg & chunky chips	£14.95
Prawn, Cod Cheek 'n' Mussel Goan Curry (GF) jasmine lime rice, coconut relish & an 'ickle sprinkle of crispy onions	£19.95
Homemade Steak 'n' Ale Pie with chunky chips, real gravy and peas 'n' carrots	£18.50
Classic Beef Lasagne made to chef's treasured recipe with a chunk of garlic bread	£15.95
Medium Spiced Red Thai Pumpkin & Courgette Penang Curry (Vgn) with cilantro 'n' lime rice and a small pickled Asian salad	£17.50
Traditional Scouse (GF) homemade to our secret recipe with freshly pickled red cabbage & crusty bread 'n' butter	small £11.95 large £15.50
Local Pork (GF) or Vegetarian Bangers (V) (please specify) with cauliflower & leek colcanon mash 'n' onion gravy	£14.95
Chicken Fillet Burger with lettuce, mayo or Cajun mayo, fries and dressed salad	£16.95
Prime 10oz Ribeye Steak (GF) with fresh asparagus, garlic mushrooms & french fries (see below for sauce options)	£31.95
Moules & Frites (GF) rope grown in Trondra, Shetland served with pernod, fennel seed 'n' garlic aioli & fries	£23.95
Salmon Thermidor (GF) with cream, mustard, cheese 'n' brandy glaze, new potatoes and sautéed peas 'n' leeks	£19.50
The 'Big Bob' Burger 2x4oz burgers topped with cheese & bacon, fries, chilli beef, chicken goujons & salad	£21.95
Beer Battered Ward's Fresh Cod chunky chips, mushy peas & salt 'n' vinegar sauce	small £13.50 large £17.50 £19.95
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce served with skinny fries and Chef's 'slaw	£23.95
Pot Roast Shoulder of Lamb (GF) with a honey & mint jus, chunky chips and a medley of local vegetables	£15.50
Chef's Chilli Con Carné (GF) with salsa and half 'n' half skinny fries and dirty rice	£15.50
Homemade 4oz Cheeseburger all beef with fries, lettuce, thinly sliced red onion, tomato & pink sauce	double £16.95 single £15.45
Add extra toppings/accompaniments bacon £1.50 - pineapple £1 - chilli £3 - chicken goujon £2.50	

Sides

Skinny Fries (Vgn)(GF)	£4.50	Garlic Flatbread (V)	£3.75
Chunky Chips (Vgn)(GF)	£4.50	Garlic Flatbread & Cheese (V)	£4.25
Salt 'n' Pepper Skinny fries (Vgn)(GF)	£5.50	Chef's Pepper Sauce	£3.25
Chef's Crispy Coated Sweet Potato Fries (V)	£5.50	Red Wine & Mushroom Sauce	£3.25
Chilli Cheese Fries (GF)	£5.95	Salt 'n' Vinegar Sauce	£3.25
Crispy Duck Hoisin Fries	£6.25	Plain Chicken Goujons (each)	£2.50
Onion Rings (Vgn)	£4.50		

SEE OVER FOR DESSERTS, COFFEES, KID'S MENU etc.

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www.refreshmentrooms.com

DESSERTS, KID'S MENU, OFFERS ETC

DESSERTS £7.50

Key Lime Parfait (Vgn) in it's own 'ickle brandy snap basket with a digestive crumb - Jack's been at it again !!!

Warm Alabama Chocolate Fudge Cake (V)(GF) with Nicholl's vanilla ice cream

Raspberry, Chambord & Jaffa Cake Trifle

Strawberry & Nutella Pavlova (V)(GF) freshly whipped cream a sprig of homegrown fresh mint

Jack's Lotus Biscoff Cheesecake (V) with freshly whipped cream

Our Very Own Sticky Toffee Pudding (V) with lashings of custard

Homemade Churros Tossed in Cinnamon Sugar (V) chef's salted caramel dip

Stewed Apple & Rhubarb Jalousie Pastry (V) with Parkgate vanilla & candied almonds

Classic Cassis Crème Brûlée (V)(GF) with blackcurrant compôte

Please make your server aware of any allergies or intolerances We will be happy to help

Please ask for the OVER 60's MENU Monday - Wednesday if required



Nicholl's of Parkgate Ice Cream

vanilla, chocolate, strawberry, cinder toffee, raspberry ripple (V)
vegan vanilla, vegan salted caramel or vegan sorbet (Vgn)

1 scoop £3.95 . . . or 2 scoops with a chocolate flake £5.50 (GF)

English & Continental Cheese Board (V)(GF)

a selection of locally sourced English cheese with some joie de vivre, celery, grapes, fig chutney & crackers

for one £10.95.....or for two or more £15.95

add a glass of LBV port for £3.00

CHILDREN'S MENU (under 10's) all kid's meals are served on a cold plate

Mini Cheese Burger with fries & beans or peas

Homemade Fish Fingers with fries & beans or peas

Fresh Chicken Goujons with fries & beans or peas

Home Made Lasagne oven baked

Vegetarian Bangers 'n' Mash (V) mash & plain gravy

Pasta Shells (V) freshly made tomato sauce & cheese

Pork Bangers 'n' Mash (GF) local chipolatas, mash & plain gravy

Coca Cola Ribs (GF) with fries & beans or peas (£1 supp)

All above £7.95 each

SMALL ROAST DINNER OPTION AVAILABLE SEE OVER FOR DETAILS

Kid's Ice Cream Cone (ask over for flavours) (V) £2.50

£2.50

Alabama Choc' Fudge Cake (V)(GF) - vanilla ice cream (can be dairy free with sorbet)

£3.95

Strawberry & Nutella Pavlova (V)(GF)

£3.95

Nutella & Vanilla Ice Cream Waffle (V)

£3.95

Homemade Churros - tossed in sugar with Hershey's chocolate dip £3.95

HOT DRINKS

Americano
Flat white
Cappuccino
Latte

£3.25
£3.50
£3.50
£3.50

Mocha
Espresso
Double Espresso
Fresh Cream Floater

£4.25
£2.75
£3.25
£5.25

Spiced Chai Latte
Tea - per person
Hot Chocolate
Extra Shot

£3.50
£2.75
£4.75
£1.25

Add a Shot of Syrup to any Coffee vanilla, Hazelnut, Caramel £1.50

Liqueur Coffee £7.95
Liqueur Hot Chocolate £7.95
you choose your liqueur with lashings of freshly whipped cream

Weekend Breakfast Menu

served every Saturday & Sunday 9-11am (last orders)

Over 60's Special Menu Available Mon/Tues/Wed (inc. Bank Holiday)

Main Course £10.00 2 courses £13.45 3 courses £16.90

Monday Steak Night (inc. Bank Holiday) from 3pm

Cauliflower Steak 'n' all the trimmings £12.95 (normally £17.95)

8oz Rump 'n' all the trimmings £13.95 (normally £23.95)

10oz Ribeye 'n' all the trimmings £21.95 (normally £31.95) ...see over for sauce options

Tuesday £10 Spice Night (all served with steamed rice) from 3pm

Chilli Con Carné Goan Fish Curry Lamb Madras Vegan Squash Curry Chicken Tikka Masala

Wednesday Pizza Night (ask for special menu starting from £10)

Thirsty Thursday (see table card for details)

Gift Vouchers Available (on sale at bar in £10 denominations)

(V) = vegetarian (Vgn) = vegan (GF) = can be gluten free

although..... **it is very important** that you make your server aware as some elements may need omitting or replacing i.e. gluten free bread, gravy etc. N.B. Trace gluten can be found in chunky chips etc. from a shared fryer