


Sunday Food Menu 2023

STARTERS


A Bowl of Fresh Homemade Soup of the Day (Vgn)(GF) with crusty bread 'n' butter	£6.50
Chef's Smooth Chicken Liver Pâté with home grown green tomato chutney & toast soldiers	£7.95
Black Sesame Tempura Asparagus (Vgn)(GF) with a Japanese inspired miso mayo dip	£7.95
Cornish Crab 'n' Crustacean Crumpet with Thai purée and sharp 'n' acidic yuzu fruit gel	£9.95
Greek Salad (V)(GF) tomato, cucumber, olives 'n' feta, with a sprinkle of oregano and Greek style dressing	£7.50
Homemade Gnocchi with Pumpkin and Sage Cream Sauce (V)(GF) - topped with blue cheese & roasted hazelnuts	£7.95
Garlic 'shrooms on Flatbread (Vgn) local mushrooms, garlic, plant based cream on warm flatbread	£7.50
Moules Marinières (GF) rope grown in Trondra, Shetland with crusty bread and butter	£10.95
Thai Style Salmon, Cod & Smoked Haddock Fishcakes (GF) with a pineapple 'n' lime dip	£7.95
Chilli, Soy & Honey Chicken Goujons with a sprinkle of sesame seeds	£8.50
Refreshment Rooms Duck Spring Rolls with hoi sin dip	£8.95
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce	£8.95
Korean Red Dragon Belly Pork Squares (GF) with sweet chilli 'slaw	£8.50
Sauteed Bacon, Chorizo 'n' Stornoway Black Pud' Saladette topped with crispy deep fried hen's egg	£7.95

MAINS



Extra Sunday Roast Options all served with Yorkshire Pud'

Half Roast Chicken (Off the Bone Breast on request)	£17.95
Pink Beef & Horseradish	£18.50
Belly Pork, Crackling & Apple Chutney	£17.95
Roast Lamb & Mint Sauce	£18.95
Chef's Homemade Vegan Roast	£15.95
Smaller portion of any Sunday Roast from above	£11.95
Trio of Meats (beef, lamb, belly pork)	£20.95



Low Carb Chicken Caesar Salad with little gem, chargrilled chicken, bacon, cherry tomatoes, red onion, sweet anchovies, parmesan dressing 'n' shavings & croutons	£15.95
Our nearly Famous Scouse (GF) with freshly pickled red cabbage & crusty bread 'n' butter	small £11.95 large £15.50
Salmon Thermidor (GF) with cream, mustard, cheese 'n' brandy glaze, new potatoes and vegetables	£17.95
Local Pork(GF) or Vegetarian Bangers (V) (please specify) with cauliflower & leek colcannon mash 'n' onion gravy	£14.95
Honey & Mustard Glazed Home Cooked Ham (served cold)(GF) with fried free range eggs and chunky chips	£14.95
Homemade Steak 'n' Ale Pie with chunky chips, real gravy, peas & local carrots	£16.95
Traditional Beef Lasagne with a slice of garlic bread	£15.95
Moules Marinières 'n' Frites (GF) rope grown in Trondra, Shetland with crusty bread 'n' butter and fries	£21.95
Smoked Salt 'n' Fennel Seed Basted Celeriac Steak (Vgn)(GF) roasted broccoli wedges, 'erb vinaigrette, hasselback potatoes and plant based salt 'n' vinegar sauce	£16.95
Beer Battered Fresh Cod chunky chips, mushy peas & salt 'n' vinegar sauce	small £13.50 large £16.95
Chef's Chilli Con Carné (GF) with salsa and half 'n' half skin on fries and dirty rice	£15.50
Sweet Potato, Broccoli & Peanut Butter Curry (Vgn)(GF) with cashew crumb, crispy onions, steamed rice & flatbread fingers	£15.50
(add chicken breast) £ 2.50
Homemade Vegan Burger (Vgn) pink sauce, gem lettuce, tomatoes, onions & skin on fries	£15.95
Chicken Fillet Burger with lettuce, mayo or Cajun mayo, fries and dressed salad	£16.95
The 'Big Bob' Burger 2x4oz burgers topped with cheese & bacon, fries, chilli beef, chicken goujons & dressed house salad	£21.95
8oz Rump Steak (GF) with chunky chips and a dressed house salad - for sauces see below (only £12.95 Steak Night Monday)	£22.95
Sticky Coca Cola Ribs (GF) fall apart ribs in our secret BBQ sauce served with skinny fries and Chef's 'slaw	£19.95
Homemade 4oz Cheeseburger all beef with fries, lettuce, thinly sliced red onion, tomato & pink sauce	double £16.95
Add extra toppings/accompaniments bacon £1.50 - pineapple £1 - chilli £3 - chicken goujons £4	single £15.45

Sides

Skinny Fries (Vgn)(GF)	£4.25	Garlic Flatbread (V)	£3.75
Chunky Chips (Vgn)(GF)	£4.25	Garlic Flatbread & Cheese (V)	£4.25
Salt 'n' Pepper Skinny fries (Vgn)(GF)	£5.25	Onion Rings (Vgn)	£4.25
Chef's Crispy Coated Sweet Potato Fries (V)	£5.25	Chef's Pepper Sauce	£3.25
Chilli Cheese Fries (GF)	£5.75	Red Wine & Mushroom Sauce	£3.25
Skin on Fries (Vgn)(GF)	£4.25	House Gravy	£2.25
Crispy Duck Hoisin Fries	£6.25	Salt 'n' Vinegar Sauce	£3.25
Garlic Mushrooms (V)(GF)	£3.95	Plain Chicken Goujons (each)	£2.50

SEE OVER FOR DESSERTS, COFFEES, KID'S MENU etc.

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email: info@refreshmentrooms.com

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DESSERTS, KID'S MENU, COFFEES etc, OFFERS

Warm Alabama Chocolate Fudge Cake (V)(GF) with Nicholl's vanilla ice cream
Strawberry & Toblerone Pavlova (V)(GF) with lashings of fresh whipped cream
Vegan Salted Caramel Tartlet (Vgn) with an 'ickie jug of plant based cream
Nutella & Banana Waffle (V) with freshly whipped cream
Our Almost Famous Snickers Eton Mess (V) with freshly whipped cream
Homemade Churros Tossed in Cinnamon Sugar (V) with caramelised milk dulce de leche
The Stickiest of Sticky Toffee Puddings (V) with chef's custard
Chef's Limoncello, Lemon Drizzle Trifle

Please make your server aware of any allergies or intolerances
We will be happy to help

Please ask for the **OVER 60's MENU**
Monday - Wednesday
if required



Nicholl's of Parkgate Ice Cream

Vanilla, chocolate, strawberry, cinder toffee, raspberry ripple
vegan vanilla, vegan salted caramel or vegan sorbet
1 scoop £3.95 . . . or 2 scoops with a chocolate flake £5.50 (V)(GF)

Chef's Special Trio mini limoncello trifle, mini pavlova & cinnamon churros (sharing not compulsory) **£8.95**

English & Continental Cheese Board (V)(GF) for one **£10.95** for two or more **£15.95**

a selection of locally sourced English cheese with some joie de vivre, celery, grapes, fig chutney & crackers

add a glass of LBV port for £3.00

CHILDREN'S MENU (under 10's) all kid's meals are served on a cold plate

Mini Cheese Burger with fries & beans or peas

Homemade Fish Fingers with fries & beans or peas

Fresh Chicken Goujons with fries & beans or peas

Home Made Lasagne oven baked

Vegetarian Bangers 'n' Mash (V) mash & plain gravy

Pasta Shells (V) freshly made tomato sauce & cheese

Pork Bangers 'n' Mash (GF) local chipolatas, mash & plain gravy

Coca Cola Ribs (GF) with fries & beans or peas (£1 supp)

All above £7.95 each

SUNDAY ONLY - SMALL ROAST DINNER OPTION AVAILABLE SEE OVER FOR DETAILS

Kid's Ice Cream Cone (ask over for flavours) (V) **£2.50**

£2.50

Alabama Choc' Fudge Cake (V)(GF) - vanilla ice cream (can be dairy free with sorbet) **£3.95**

£3.95

Strawberry & Toblerone Pavlova (V)(GF) **£3.95**

£3.95

Nutella & Vanilla Ice Cream Waffle (V) **£3.95**

£3.95

Homemade Churros - tossed in sugar with Hershey's chocolate dip £3.95

DRINKS (Full drinks menu available)

Americano £3.25
Flat white £3.50
Cappuccino £3.50
Latte £3.50
Mocha £4.25
Extra Shot £1.25

Espresso £2.75
Spiced Chai Latte £3.50
Tea - per person £2.75
Hot Chocolate £4.25
Apple Juice £2.00
Orange Juice £2.00

San Pellegrino -
Lemon £2.50
Orange £2.50
Blood Orange £2.50
Bloody Mary £8.95
Virgin Bloody Mary £4.95

Liqueur Coffee £7.95
Liqueur Hot Chocolate £7.95
you choose your liqueur with
lashings of freshly whipped cream

Weekend Breakfast Menu

served every Saturday & Sunday
9-11am (last orders)

Monday "Steak Night" 8oz Rump 'n' all the trimmings £12.95 from 3pm

Over 60's Special Menu Available Mon/Tues/Wed

Main Course £10.00 2 courses £13.45 3 courses £16.90

Tuesday Kids Eat Free

For every adult who orders a full price main - receive 1 free main course from the children's menu

Tenner Thursday (see table card for special menu all priced at £10)

Gift Vouchers Available (on sale at bar in £10 denominations)

(V) = vegetarian (Vgn) = vegan (GF) = can be gluten free
although..... **it is very important** that you make your server aware as some elements may need omitting or replacing
i.e. gluten free bread, gravy etc. N.B. Trace gluten can be found in chunky chips etc. from a shared fryer

SEE OVER FOR SUNDAY MENU

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